

ADDISON COUNTY HOME HEALTH AND HOSPICE, INC.

(ACHHH)

Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Addison County Home Health & Hospice, Inc. (ACHHH) is committed to protecting the privacy of your health care information. This Notice is an effort to help you understand how we may use and share information related to your health, your rights, and our responsibilities with regard to that information.

A. Your Rights – Although your health records are the physical property of the health care provider who completed the records, under the federal privacy regulations, you have the right to:

- Receive a copy and an explanation of this Notice. You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.
- Understand how we intend to use and share your information with others.
- Look at and/or receive a copy of your health care record (subject to some restrictions).
- Request that your health care record be changed if you believe the information is incomplete or incorrect (subject to some restrictions).
- Receive an accounting of non-routine uses and disclosures- those other than for treatment, payment or health care operations. We also do not need to provide an accounting for disclosures made to you or in response to your written authorization, for a facility directory or to persons involved in your care or for certain other disclosures for national security/intelligence purposes, correctional institutions or law enforcement officials.
- Request restrictions on the sharing of health care information. We are not required to agree to such restrictions unless the requested restriction is on a disclosure to a health plan for the purposes of payment or health care operations (not for treatment) and the information pertains solely to an item for which you have paid us directly in full. All restriction requests must be made in writing.
- Request communications by alternate means or location. While we are not required to agree to such requests, we will make every effort to accommodate you when possible.
- Revoke your consent or authorization to use or disclose health information except to the extent that we have taken action in reliance on the consent or authorization.
- File a complaint if you believe your privacy rights have been violated.

To exercise any of your rights, please speak with the Health Information Management staff or you may contact the ACHHH Privacy Official at P.O. Box 754, Middlebury, Vermont 05753 or by calling (802)388-7259.

B. Our Responsibilities – ACHHH is required by law to:

- maintain the privacy of your Protected Health Information (PHI)
- provide to you this Notice of our duties and privacy practices
- follow the terms of this Notice
- train our personnel concerning privacy and confidentiality
- implement a policy to discipline any staff member who breaks privacy and confidentiality
- notify you of an unsecured breach of your PHI and take action to lessen the harm of any breach.

2/16/2026 updated

We will not use or share your health information without authorization, except as described in this Notice (Sections C, Routine Uses and Disclosures, and Section D, Legally Required Disclosures and Section E, Other Uses and Disclosures below).

C. Routine Uses and Disclosures – ACHHH will use and/or share your health information to:

- Provide your treatment e.g., information will be shared with staff, other health care providers, family, friends, or others who are facilitating and/or participating in your care for the purpose of changing or carrying out your plan of care.
- Record your information in a medical record, on paper and in our computer system.
- Schedule or remind you about an appointment or home visit.
- Let you know about services we offer that may be of interest to you.
- Obtain payment for services provided, e.g. include your diagnosis and other health information on bills to collect payment or on requests for approval for visits from your insurance company.
- Conduct health care operations such as quality assurance, performance improvement, staff education, accreditation, compliance, reviews or business planning.
- Enable people outside ACHHH who are helping us carry out our responsibilities, e.g. answering service, accreditation agencies, and translation services. (These business associates are required to safeguard your information in the same way as we do.)

Terminology and Privacy Safeguards

1. Reproductive Health Care PHI

Covered entities are **prohibited** from disclosing PHI related to lawful **reproductive healthcare** (e.g. contraception, pregnancy management, fertility services) for the purpose of investigating or imposing liability in:

- health oversight,
- judicial or administrative proceedings,
- law enforcement investigations, or
- coroner/medical examiner inquiries

2. Attestation Requirement

For any request seeking PHI potentially related to reproductive healthcare for the above purposes, we must collect a **signed attestation** from the requesting party affirming that the information is **not** for any prohibited use. This applies even in the face of subpoenas or warrants, except where clear evidence shows unlawful conduct at the time of care.

- **Definition:** prohibited reproductive health related disclosure could refer to the unauthorized sharing of private information related to an individual's reproductive health, such as Birth control, Abortion, fertility treatments, pregnancy status or history, menstrual health or menopause status.
- An **example** of a prohibited disclosure could be a nurse tells a patient's coworker that the patient recently had an abortion.

3. **Part 2 SUD (Substance Use Disorder) records** cannot be used or disclosed in civil, criminal, administrative, or legislative proceedings **against the individual**, absent patient consent or a court order and notice to the patient.

Redislosure Warning:

2/16/2026 updated

- Please be aware that any Protected Health Information (PHI) provided to third parties may no longer be subject to the privacy protections outlined under applicable laws, such as HIPAA. Once shared, the information could be further disclosed, used, or accessed by those individuals or entities without the same level of confidentiality or security safeguards required by our organization. Therefore, we cannot guarantee the protection of PHI after it has been shared with external parties.

D. Legally Required Disclosures – ACHHH may use and/or share PHI as required by federal, state or local law to:

- Report risks to public health.
- Prevent or lessen serious and imminent threats to health and safety.
- Report abuse, neglect or domestic violence.
- Respond to inquiries from law enforcement officials, medical review boards, or health oversight agencies.
- Respond to subpoenas for a judicial or administrative proceeding.
- Respond to requests from governmental agencies responsible for national security.
- Provide information to coroners, medical examiners, or funeral directors.
- Assist employees with workers' compensation claims.
- Health oversight agencies and public health authorities including the federal Department of Health and Human Services to facilitate investigations and determine compliance with standards.
- In cases involving reproductive healthcare PHI or Part 2 SUD records, disclosures permitted must comply with the restrictions described above.

E. Other Uses and Disclosures

- **Fundraising:** We may contact you as a part of fundraising efforts. Each solicitation will offer you the right not to receive subsequent fundraising materials. If you would prefer not to receive these, please call us at 802-388-7259 and ask to speak with someone in the Marketing and Development Office.
- **Research:** We may disclose information to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your health information.
- **Notification:** We may use or disclose information to notify or assist in notifying a family member, a personal representative, or another person responsible for your care, location, and general condition – unless you object.
- **Correctional Institution:** If you are an inmate of a correctional institution, we may disclose to the institution or agents thereof, health information necessary for your health and safety of other individuals.
- **Additional Provisions for Part 2 (SUD) substance use disorder treatment Records**
If ACHHH receives or maintains any **Part 2 substance use disorder treatment records** from a Part 2-covered program, we:
 - may use or disclose those records for **treatment, payment, or health care operations** under general consent;
 - if received under specific consent, will only use or disclose under that authorization;
 - **will not use or disclose** those records—or testimony referencing them—in **any civil, criminal, administrative, or legislative proceedings** against you, **unless**:
 1. the individual has given consent, or
 2. a court order has been issued after providing the individual with **notice** of the order.

We will not use or disclose your health information without your consent or authorization, except as specifically provided in this notice or otherwise required by law. Uses and disclosures that will always require your written authorization include, but are not limited to, most uses and disclosures of psychotherapy notes, uses and disclosures of health information for marketing purposes, including subsidized treatment communications, and disclosures that constitute a sale of PHI. Even if you authorize disclosure of this information, you may revoke your authorization in accordance with the law.

F. For More Information

You may contact our Privacy Officer at Addison County Home Health and Hospice, Inc. P.O. Box 754, Middlebury, VT 05753 or by calling (802)388-7259

G. For a Copy of Your Medical Record

To obtain a copy of your medical record, please submit a written request to our Health Information Management Department. Please note – as permitted by law, ACHHH may charge a reasonable, cost based fee for copying, labor and supplies, if you are unable to pay the fees due to financial hardship, please contact our office to discuss potential fee reductions or waivers.

H. Complaints

If you believe your privacy rights have been violated, you can file a complaint with our Privacy Officer at the above address or with the Secretary of Health & Human Services, 200 Independence Avenue, Washington, D.C. 20201. Please know you will not be retaliated against in any way for filing a complaint

I. Changes to the Terms of this Notice

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU Electronic Exchange of Your Health Information

In some instances, we may transfer health information about you electronically to other health care providers who are providing you treatment or to the insurance plan providing payment for your treatment. Your health information may also be made available through the Vermont Health Information Exchange (“VHIE”). The VHIE is operated by Vermont Information Technology Leaders (VITL) and your treating health care providers may access your health information through the VHIE unless you have chosen to opt-out or unless you are in need of emergency treatment. For information about the VHIE, see www.vitl.net.

*We may change this Notice at any time, and updated versions will be made available on our website and upon request. Your rights and our responsibilities under this updated Notice are effective as of **February 16, 2026**.